Date: SEPTEMBER 7-11	
MONDAY	
	Labor Day
	No School
	INO SCHOOL
TUESDAY	
Station:1-2	Buffalo Chicken Sandwich served w/ Chips & Celery Sticks w/Blue Cheese (P/G/V)
Station:3-4	Pasta Bar w/ Marinara Sauce or Meat Sauce served w/Wheat Roll G/V/P)
Station:5-6-7	Assorted Deli Sandwiches served w/ Potato Salad ,Pickles & Fruit (G/P/F)
Station:8-9	Made to Order Taco Salad Bar (P/V/F)
Grab and Go	Chicken Caesar Salad Plate (P/G/V) / Assorted Sandwich Boxes (G/P/F)
WEDNESDAY	
Station:1-2	*Papa Gino Pizza w/ Crinkle Cut Fries & Fresh Apples (G/P/F)
Station:3-4	"SHS" Mashed Potato Bowl (P/G/V)
Station:5-6-7	Made to order Deli P/G/F)
Station:8-9	Made to Order Taco Salad Bar P/V/F)
Grab and Go	Chicken Caesar Salad Plate (P/G/V) / Assorted Sandwich Boxes (G/P/F)
THURSDAY	
Station:1-2	*Domino Pizza served w/ Crinkle Cut Fries & Fresh Oranges (P/V/F)
	Chicken Nuggets, Mashed Potato & Broccoli served w/ Wheat Roll (P/V/G)
Station:3-4 Station:5-6-7	Assorted Deli Sandwiches served w/ Potato Salad ,Pickles & Fruit (G/P/F)
Station:8-9	Made to Order Taco Salad Bar (P/V/F)
	Chicken Caesar Salad Plates (P/G/V) / Assorted Sandwich Boxes (G/P/F)
Grab and Go	Chicken Caesar Salad Flates (F/G/V) / Assorted Salidwich Boxes (G/F/T)
FRIDAY	
Station:1-2	Chicken Patty Sandwich w/Chip & Pears(P/G/F)
Station:3-4	Chicken Fajita Bomb served w/Fries(P/G/V)
Station:5-6-7	Made to order Deli (P/G/F)
Station:8-9	Made to Order Taco Salad Bar(P/V/F)
Grab and Go	Chicken Caesar Salad Plates (P/G/V) Assorted Sandwich Boxes (G/P/F)
Reduced Lunch\$.40	MEALS INCLUDE ASSORTED MILKS, FRUIT (F) VEGETABLE(V) BAR, Assorted Fruits (F)
Lunch \$3.75	Juices (F) and Vegetables(V), Grains(G) and Proteins(P) ALL LUNCHES MUST INCLUDE A FRUIT (F) OR VEGETABLE (V)
	Check our Soup Du Jour Selections
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LISDA is an agual	High School menu posted at www.shrewsbury-ma.gov/school
USDA is an equal opportunity	Email Comments and Suggestions to:
provider and	mricker@shrewsbury.k12.ma.us
employer.	Please call the Cafeteria Manager at your school if you have questions about food ingredients or allergens
citipioyet.	Allergens or gluten free choices

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